Disaster First Aid Training





It is extremely important to be able to take care of yourself and others after a disaster. This 8-hour class includes a certified First Aid/CPR course. In addition, you will learn techniques dealing with multiple injuries resulting from a major disaster where 9-1-1 is overwhelmed and unavailable. This includes:

- Triage & prioritizing injuries
- Lifting & carrying techniques
- Treating broken bones
- Safety practices
- Practice using items that can be found around your home!

Instructor: Tony Bennett, a veteran Seattle firefighter

For more information call: 206-233-7123

Dates:

February 10, 2007

March 10, 2007

June 2, 2007

Time: 8:30am-5pm (8 hour training plus 1/2 hour lunch)

Location:

Warren G. Magnuson Park 7400 Sand Point Way NE (The old naval station)



Learn what
to do
especially when
9-1-1 is
overwhelmed and
unavailable during
disasters.

Space is very limited. Register early!

To reserve your space:

- Complete the registration information
- Select the date you prefer
- Make your check for \$35.00 payable to Medic First Aid
- Mail check and registration to :

City of Seattle
Office of Emergency Management

Attn: Elizabeth Mash 2320 — 4th Ave Seattle, WA 98121

Disaster First Aid Training

Registration Information			
-	Choose Either:		
Name		Februar	y 10, 200
Address	☐ March 10, 2007		
		June 2	, 2007
	Clas	ss Fee:	\$35.00
Phone	Please make your check payable to Medic First Aid		
E-mail			

Please Note:

- We will e-mail you a confirmation notice with driving instructions, parking suggestions and classroom directions.
- We require a 3-day cancellation notice. <u>If you cancel after this time, you will forfeit your registration fee.</u>